



**Mt. Harmony Baptist Church, Inc.**  
**2010 Upward Spring Soccer**  
**Frequently Asked Questions**

**Purpose**

- Ø What is the purpose of Upward? To introduce children to Jesus Christ by creating opportunities to serve through sports.

**Registration**

- Ø Registration is now closed.
- Ø Are there any **equipment** requirements for my child? Yes, all kids need to have Soccer cleats (no football or baseball cleats will be allowed) and shin guards.
- Ø What does the registration fee include? Each child receives a reversible jersey, shorts, socks, water bottle, car magnet, parents guide to Upward Soccer, Winner Magazine and end-of-season award (instead of trophies).
- Ø What is the age requirement to register for Upward Soccer? The age range is 4 years old up to 6<sup>th</sup> grade. The 4 year old must be 4 by March 6<sup>th</sup>, 2010.

**Coaches and Referees**

- Ø How can I become a coach and/or a referee? All coaches and referees must attend one of the training sessions. You must fill out a Coach and Referee application and complete the background check form. All Coaches and Referees must pass the background check.
- Ø How old do I have to be to be a head coach? High School Junior or Senior (a Christian and Responsible person) can be a head coach but must have an adult assistant coach.
- Ø If am not a Christian can I coach? Yes, but the Assistant Coach must be a Christian and is responsible for all devotions.
- Ø Do you need to know how to play soccer to coach? No, Upward is organized so that anyone can be a coach. The Coach and Referee handbook details out everything that you need to know to be a great coach.
- Ø How old do I have to be to be a referee? High School Junior or older, that knows the rules of soccer and attended the training session.

**Practice**

- Ø When is the **first practice**? The first practice starts Saturday, March 6<sup>th</sup> and all practices will last one hour.
- Ø Will there be practice every week? Yes, the second practice will be held on Saturday March 13<sup>th</sup> and then the remaining practices will be held one night during the week.

## Uniforms

- Ø When will my child get their **uniform**? The Coaches will give out uniforms after practice #2.

## Games

- Ø When is the **first game**? The first game will be Saturday, March 20<sup>th</sup>. All games will be on Saturday unless there are rainouts in which the make up games will be during the week.
- Ø Are there games every Saturday? There will be a game every Saturday of the season (weather permitting) except for Saturday, April 10<sup>th</sup> (Spring Break).
- Ø How many games are there? The season consists of 8 games and an awards celebration at the end of the season.

## Pictures

- Ø Will there be a day for pictures? Yes, **picture day** is scheduled for April 17<sup>th</sup>.

## Award Celebration Sunday

- Ø Is there an end of season awards banquet for the kids? Yes, it is called "**Awards Celebration Sunday**" on May 16<sup>th</sup>. There will be entertainment and a surprise award (instead of trophies) for every participating child.

## Weather

- Ø What do we do in case of inclement weather? The coach will be contacted in the event of cancellations and then the coach will contact the player's family.

## Rules

- Ø What soccer rules will the Upward league be following? The rules for Upward soccer take precedence over all FIFA laws. Where the rules unique to Upward stop the FIFA laws of the game begin.
  - The K4 thru 3<sup>rd</sup> grade teams play on field 50' wide x 100' long fields. The goal sizes are 2 ½' tall x 6' wide. Team format is 4 players versus 4 players with no goalkeeper. The reasons for the different Upward Soccer rules are to provide more interaction of touching the ball, more exposure to both offensive and defensive positions, more tactical soccer experience and more development of soccer skills for every child.

- The 4<sup>th</sup> thru 6<sup>th</sup> grade teams play on a field approximately 90' wide x 120' long with a full size goal. Team format will be dependent on the number of children playing in this age group and each team will have a goalkeeper.
- ∅ Coaches will be fully trained on the rules during their training class and will teach the players.
- ∅ If you have any further questions, please e-mail:

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or

Kyle Sims, Upward League Director at [upward@mtharmony.org](mailto:upward@mtharmony.org)